



Christmas Holiday Consultation Line

Dear Parents/Carers,

Do you have a child or young person at school in Brighton & Hove?

If you have any concerns about their Emotional Mental Health and Wellbeing you are invited to talk to a Primary Mental Health Worker from the Schools Wellbeing Service.

Telephone consultations are available over the Christmas Holiday.

December 21st – 22nd and December 30th

9am-12pm.

Please email SWSConsultationLine@brighton-hove.gov.uk

You will need to send us your name and phone number, with a brief outline of your concerns, and a Primary Mental Health Worker will call you back.

Whilst we aim to call back within two days, please be aware we may have a high demand, so your patience is appreciated.

Please note, this would not be in place of current services you may already be engaged with.

This is not a crisis number – if you require immediate support you need to contact your GP, call CAMHS duty care on 03003040061 or go direct to A&E