

School Nurse Text Message Advice Service

Advice for parents and carers of children aged 5-16 years in Brighton and Hove

We can help you with all kinds of issues:

Physical health

Emotional wellbeing

Healthy lifestyle

Parenting

Behaviour

Continence

School concerns

Sleep routines



Friendship

THIS IS NOT AN EMERGENCY SERVICE

For non-emergency medical advice, please contact your GP or 111.
In the case of an emergency please call 999.

We support messaging from UK mobile numbers only, which will be charged at your normal rate.