



**PE**Development

## ***Stanford Infant School***

### ***Yearly Provision Review 2016/17:***

#### **PE Curriculum Development with Wayne Potbury or Tracy Lewis**

Teachers have received Professional Development within their PE lessons in the subjects listed below:

- *Reception: Multi-Skills & Fitness*
- *Year 1: Ball Skills, Gymnastics, Team Building, Striking & Fielding, Athletics*
- *Year 2: Ball Skills, Gymnastics, Invasion Games/Basketball, Leadership & Team Building, Athletics*

A brief synopsis of the Professional Development that has taken place in PE lessons by ***PE Development Ltd:***

Curriculum Development PE lessons always begin with a verbal recap from the previous lessons learning. It continues with a clear explanation of the purpose and benefit of a warm-up, then the warm-up is delivered, usually consisting of pulse-raising activities such as different forms of running with different movements. The Curriculum Development then aims to provide teaching staff with teacher led tasks that improve basic skills for the different Sports, Gymnastics, Dance and Outdoor Adventurous Activities. PE Development staff also give clear demonstrations to enable the development of the children's technique for the different Sports, Gymnastics, Dance and Outdoor Adventurous Activities. Most PE Curriculum Development lessons will culminate with a competitive game, either challenging individuals against one another or in a team scenario. PE staff will also endeavour to include ideas for Primary staff on how to differentiate tasks and equipment to maximise the learning and successful outcomes from all children, and finally, PE Development will suggest Progression activities for the less able and more gifted. The PE lesson usually culminates with a recap of the learning that was present in the lesson.

All teaching staff who receive the PE Curriculum Development from PE Development Ltd should be more confident to deliver more challenging PE lessons and satisfied that children will improve skills, technique, knowledge and understanding from their PE lessons in the future.

In summary, teachers have;

- Gained a clear understanding for a structure to every PE Lesson, Explanation, Warm-Up and Skill Based Activities.
- Been shown the importance of explaining and reinforcing the purpose of a warm-up.
- Learnt the importance of ensuring the warm-up is related to the lesson content, it could also be a recap from the previous PE lesson.
- Been shown how to encourage pupils to create a 'learning environment in PE', good listening, relevant questioning and productive information and demonstrations.

- The importance of creating a 'learning environment' in PE, it is recommended that staff wear a PE kit, or at least trainers.
  - Try to incorporate a Fitness element to all PE Lessons and don't be afraid to have an element of Competition, which could also be personal improvement/competition.
  - Learnt not to be afraid of going 'back-to-basics', the ABC's, Ability or Agility, Balance & Coordination.
  - Understood that throwing & catching can always be improved, at any time of the year, change the: size of ball, distance, one handed rather than two, disguised throwing etc.
  - Have learnt that 'Every child needs to be active and learning in PE'.
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## **Review Area: School Sport Development**

- ***After School Gymnastics Club with Wayne Potbury***

A brief synopsis of the Additional School Sport Development that has taken place in your school by **PE Development Ltd:**

After School Gymnastic Club always started with a clear explanation of the skills, technique and tactics that will be promoted during the session. This is followed by a specific warm-up to the activity which will always include pulse-raising tasks and specific skill based activities. The remaining content of the sessions consists of more advanced skill based activities and competitive game situations. During the games, children can apply the skills that they have developed and coordinate tactics in order to be successful. PE Development always encourages Fair Play and Good Sportsmanship.

In summary, children have:

- Had more opportunities to learn skills and techniques in a variety of sports and activities.
  - Learnt an extension of the PE Curriculum.
  - Improved Agility, Balance & Coordination.
  - Experienced Competitive situations.
  - Learnt the important values of Fair Play and Sportsmanship.
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## **Review Area: Healthy, Active Lifestyles**

- ***Lunchtime Football Supervisor with Harry Wood***

A brief synopsis of the Healthy, Active Lifestyle Development that has taken place in your school by **PE Development Ltd:**

During a lunchtime, PE Development have delivered Year 2 and Year 1 Football sessions that allows children the opportunity to play a 'friendly' Competitive match. Children are separated into two or three teams with an explanation about 'fairness'. Children participate in the football session at varying levels of enthusiasm and they are introduced and encouraged to play by the 'Rules'. Children also have to understand that winning & losing are part of Competitive Sport and PE Development encourage children to be 'Respectful' Winners and 'Good' Losers.

In summary, children have:

- Increased participation in Sport & Exercise.
- Understanding 'Fair Play' and 'Sportsmanship'.
- Improved Football Skills.

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## **Review Area: PE for PPA with Harry Wood**

A brief synopsis of the PE during PPA that has taken place in your school by **PE Development Ltd:**

- *Year 1: Multiskills, Fitness, Invasion Games, Balance/Agility/Coordination, Striking & Fielding*
- *Year 2: Fitness, Invasion Games: Football, Invasion Games: Basketball, Rounders, Cricket*

PE lessons during PPA always:

- Begin with a recap from the previous lessons learning.
- Have a clear explanation of the purpose and benefit of a warm-up,
- In the warm-up consists of pulse-raising activities such as different forms of running with different movements, also included are basic stretches.
- Aim to improve basic skills for the different Sports, Gymnastics, Dance and Outdoor Adventurous Activities.
- Have clear demonstrations to enable the development of the children's technique for the different Sports, Gymnastics, Dance and Outdoor Adventurous Activities.
- Culminate with a competitive game, either challenging individuals against one another or in a team scenario. The PE lesson culminates with a recap of the learning that was present in the lesson, aligning learning outcomes on the portable whiteboard with children's knowledge and answers.