

## Advice for Families

We are telling and listening school, with an 'open door' policy.

Please make an appointment immediately if you have any worries, no matter how small, with a member of school staff. Our Anti-Bullying Policy can be found on our website: [www.stanfordinfants.co.uk](http://www.stanfordinfants.co.uk) Or you can request a copy from the School Office.

It's not your fault  
if you are  
experiencing  
bullying  
behaviour.

Do something!

Stanford Infants  
is a telling and  
listening school.

How to keep safe and happy  
at school. Advice for  
children written by Kai, Ellie,  
Rio, Ellen and Gabriel

(Compiled by children at Stanford  
Infant School. March 2012. Updated 2016)



A Children's Guide to  
Staying Safe and  
Happy at Stanford  
Infant School



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## **Bullying behaviour....**

- is being hurt physically and/or hurting your feelings
- happens over and over again
- is done on purpose

## **Bullying behaviour is not....**

- accidental
- falling out between friends

## **Bullying behaviour may involve....**

- hitting, kicking, biting, pushing
- saying unkind things
- leaving someone out or ignoring them
- name calling

## ***What shall I do if I am being bullied?***

- \*don't do it back
- \*tell a grown-up at school (get a Bubble!) or at home
- \*talk to a friend
- \*DO SOMETHING!

## ***What shall I do if I see or know about bullying behaviour?***

- \*tell a grown up at school
- \*DO SOMETHING!

Children who show bullying behaviour can change their behaviour so that they can be safe and happy at school too.

Remember 'It's **GOOD** to be **YOU**'!

## ***What If..***

You are in the playground and someone accidentally trips you up. Do you...

- a) Hit the person hard?
- b) Give him or her a chance to say sorry?
- c) Sit down and cry?

Give the person a chance. If it was an accident, then he or she should say sorry.

Someone in your class always makes rude comments about you and says them loud enough for you (and others) to hear. It really upsets you. Do you...

- a) ignore the comments
- b) Say 'Stop it, I don't like it'
- c) Tell a grown-up
- d) Hurt the person

Try saying 'stop it, I don't like it' but tell a grown-up because no one should make hurtful comments to you,

You see someone being bullied. Do you...

- a) ignore it, walk by and be thankful it isn't you
- b) Stop it
- c) Get help?

Tell a grown-up to help you straight away